



Anglican Parish of Bass-Phillip Island
St Augustine's, San Remo St Paul's, Bass
St Philip's, Cowes

www.anglicanparishbassphillipisland.org

Rector – The Rev'd Jo White Mobile - 0490 831 299

Telephone – 5952 2608

Email -revjobpi@gmail.com

FIFTH SUNDAY AFTER EPIPHANY

9th February 2020

Choose Hope, Love, Justice

MON 6 th	Rev'd Jo on annual leave 10.00am - 1.30pm Mary Talbot Room open
TUES 7 th	10.00am - 1.30pm Mary Talbot Room open
WED 8 th	10.00am - 1.30pm Mary Talbot Room open
THURS 9 th	10.00am –Morning Prayer, St Philip's, Cowes Morning Tea in the Emmaus Room
FRI 10 th	10.00am - 1.30pm Mary Talbot Room Chat 'n Chew, Emmaus Room, St Philip's
Sat 11 th	10.00am - 1.30pm Mary Talbot Room
Sun 12 th	9.00am Holy Communion St Philip's, Cowes 11.00am Holy Communion St Augustine's, San Remo 12.30pm Holy Communion St Paul's, Bass

Bookings are no longer required

Online services are taking a break and will recommence 24th February.

Rev'd Jo is on annual leave. Please contact Ann Prideaux for any parish matters.

0416 111 710



CURRENT COVID-19 Information:

Please use the hand sanitiser provided

We respect your decision to wear a mask indoors.

If you are unwell please look after yourself at home.

Please be assured that our facilities are thoroughly cleaned weekly.



We meet for worship on the lands of the Bunurong people; Gunaikurnai people; Woi-Wurrung people; the Traditional Custodians of the land on which we gather, and we pay our respects to their Elders past, present and emerging.

This week's roster Fifth after Epiphany

St Philip's – Welcomer: A. Prideaux; Reader: L. Wenham; Intercessions: R. Prideaux; Vestry: J. Bell; Power Point: J. Millward; Morning tea: P. Casey

St Augustine's – Leader: S. Ridge; Input: L. Ridge; Children: S. Ridge

St Paul's - Reader: B. Maghanoy; Prayers: L. Maghanoy; Chalice: A. Gloria

– Please contact Wendy Gladman regarding St Philip's roster gladmanwendy@gmail.com

Next week's roster Sixth after Epiphany

St Philip's – Welcomers: E. Krutop-Norfolk; Reader: A. Taylor; Intercessions: S. Goodluck; Vestry: C. Hill; Power Point: R. Leditschke; Morning tea: P. Leditschke

St Augustine's –

St Paul's - Reader: Ro. Hayhurst; Prayers: Rh. Hayhurst; Chalice: B. Maghanoy

This week's readings - Isaiah 58:1-9a (9b-12); Psalm 112:1-9 (10); 1 Corinthians 2:1-13 (14-16); Matthew 5:13-20

Next Week's Readings 12th February

Deuteronomy 10:12-22; Psalm 119:1-8; 1 Corinthians 3:1-9; Matthew 5:21-37

SOMETHING FOR THE CHILDREN Glenys has subscribed to a weekly children's activity sheet. The activities follow the lectionary. If you have grandchildren coming to a service or know of children attending she would be happy to forward this on to you so you can print out as needed. You can email her on glenys.stacs@gmail.com

Find us on Facebook! Like, Share, Comment and Join our Events: <https://www.facebook.com/stphilipscowes/>



The Sentence of the Day

Let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

Prayer of the Day. Faithful God, you have appointed us your witnesses, to be a light that shines in the world: let us not hide the bright hope you have given us, but tell everyone your love, revealed in Jesus Christ the Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Isaiah 58:1-9a

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. ²Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. ³"Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. ⁴Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. ⁵Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? ⁶Is not this the fast that I choose: to lose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? ⁷Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? ⁸Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. ⁹Then you shall call, and the Lord will answer; you shall cry for help, and he will say, here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil,

[Silence]

Hear the word of the Lord

Thanks be to God

Psalm 112

O praise the Lord. Blessed are they that fear the Lord:

And greatly delight in his commandments.

Their children shall be mighty in the land:

An upright race who will be blessed.

Riches and plenty shall be in their house:

And their righteousness shall stand for ever.

Light arises in darkness for the upright:

Gracious and merciful are the righteous.

It goes well with those who act generously and lend:

Who guide their affairs with justice.

Surely they shall never be moved:

The righteous shall be held in everlasting remembrance.

They will not fear bad tidings:

Their hearts are steadfast, trusting in the Lord.

Their hearts are confident and will not fear:

They will see the downfall of their enemies.

They give freely to the poor:

Their righteousness stands for ever, their head is uplifted in glory.

The wicked shall see it and be angry:

They shall gnash their teeth and consume away, and the hope of the wicked shall fail.

(Response)

Glory to God: Father, Son, and Holy Spirit:

As in the beginning so now, and forever. Amen

1 Corinthians 2:1-13

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. ²For I decided to know nothing among you except Jesus Christ, and him crucified. ³And I came to you in weakness and in fear and in much trembling. ⁴My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, ⁵so that your faith might rest not on human wisdom but on the power of God. ⁶Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. ⁷But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. ⁸None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. ⁹But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"— ¹⁰these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. ¹¹For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. ¹²Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. ¹³And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

[Silence]

Hear the word of the Lord

Thanks be to God

The Gospel of our Lord Jesus Christ according to, Matthew chapter 5 beginning at verse 13;

Glory to you, Lord Jesus Christ.

¹³ "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled underfoot. ¹⁴ "You are the light of the world. A city built on a hill cannot be hid. ¹⁵ No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. ¹⁶ In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. ¹⁷ "Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. ¹⁸ For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. ¹⁹ Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰ For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

[Silence]

For the Gospel of the Lord

Praise to you, Lord Jesus Christ

Today we continue reading and reflecting upon Jesus' Sermon on the Mount. This second pronouncement is entitled Salt and Light. Jesus says; 'You are the salt of the earth.'

He is speaking to the crowds and his disciples gathered on the mountain side and he is speaking to us gathered here today. When Jesus says; 'You are the salt of the earth.' We should hear that as a personal message because we too are the salt of the earth.

Jesus says; 'You are the light of the world.' Again, this pronouncement is for all how would incline their ear; for all of us who are ready to listen with a desire to understand what this means for us in our lives today.

Salt and light are very important elements for human existence and they are powerful symbols of what it means to follow the way of Jesus. Salt was, as Jesus' words attest, a useful, common substance; salt was essential for human life and until the invention of canning and refrigeration it was one of the main ways of preserving food. For this reason, it was considered to be very valuable. The old saying; to be 'worth one's salt' refers to being worth one's pay. Our English word salary comes from the Latin word for salt - *salarium*. Roman soldiers were paid in part with salt.

We could safely infer then that when Jesus refers to the crowd as the 'salt of the earth' he was thinking about just such images. That they were useful, essential, and valuable, 'worth their salt'.

When Jesus calls us the salt of the earth, he is saying that our lives, our worship, our prayer and our work are important, useful, valuable and even that they are essential for the building up of the kingdom of God. The corollary to this is that if we, by the negligence of our duty; by a failing in our discipleship then loose our 'saltiness' we can expect to be thrown out and trampled underfoot because we are of no use in the building of God's kingdom. Being the salt of the earth is an awesome responsibility for those who choose the way of Jesus.

Salt is part of everyday life, part of every meal. Salt is what makes food taste better; it brings out the flavour. These days we are more careful about our consumption of salt because too much can be bad for our health but we all enjoy a bit of salty food. Who doesn't enjoy chips, bread with ham and cheese, or a pizza? They taste good partly because they contain salt.

To be the salt of the earth is to be a tasty, positive ingredient in the life of others. But, in order to do just that we need to place ourselves into the lives of others. Not in an interfering way but in a way that brings out life's flavour and joy. To be salt is to be that ingredient that brings out the best in others. Salt in the salt cellar is just salt and if it stays there it's pretty useless. Salt needs to be added to food in order to be effective. Similarly, we must continually find new ways to engage with people in our community in order to fulfil our role as the people of God. Our participation in the world takes many forms but the critical elements of this participation are that we serve God as peacemakers, as we choose hope, love and justice.

The goodness; the tastiness of our engagement depends upon our purity of heart, our gentleness of spirit, our humility and our integrity. As Jesus has taught us in The Beatitudes, if we seek to be these things we are blessed.

The salt of the earth does its job by being sprinkled into the lives of others.

--+--

Jesus also said that we are the light of the world.

The first source of light to the earth is the sun.

Sunlight provides energy that green plants use to create food. This process, photosynthesis provides virtually all the energy used by living things. Light enters our eye in order that we might see; when light is refracted it is seen to be made up of many different colours; the colours of the rainbow. Light was the first of God's creations; as we read in Genesis chapter one; Then God said 'Let there be light' as there was light.

When Jesus says that we are the light of the world he is saying something profound and important. Perhaps we have lost some of the power of these words because we almost take light for granted these days. All we need do is flick the switch and we have light; our streets light up automatically; it's as if we have become the creators of our own light.

As bearers of the light we have an awesome responsibility to shine brightly into the darkness of people's lives, to be a positive energy in the world; to throw light on things that others have overlooked or chosen to ignore. And, like the rainbow, we in our many and varied ways are to express God's love and God's promise to those who walk in darkness. We are not shining for ourselves but in order to give glory to God.

The Ball Brothers song expresses it this way:

Now there are people all around the world
Could be someone close to you (oh)
They are hurting but we can change their life
So stand up, we got some work to do

There will be days it seems as dark as night
But don't let your light go dim
Just keep shining, you could lead someone to Him
Go on and let your light shine

Jesus is quite clear that the only way we are able to be light effectively is through good works. Jesus expands on this theme as the Sermon on the Mount continues. Good works are more than just about keeping the law. They are about how the commandments of God (Exodus 20) are lived out.

We are the light of the world; we are the salt of the earth.

These pronouncements of Jesus are a call to arms for all who would follow him. As salt and light we are essential, important, valuable and of use in the building up of the Kingdom of God. In the face of these responsibilities, we remember that salt is part of daily life and that light is God's own and first creation for the good of the earth.

These are big ideas and demanding responsibilities but let's not forget that it is only a little common salt and the light of a simple candle that makes all the difference.

Let us pray for the world and for the church:

God our loving creator, we pray for the world that too often lives in darkness – the darkness of violence and war; the darkness of poverty and injustice; the darkness of greed and pride and wrath. God, bring light into the darkness of world affairs especially bring hope and light to the people of Ukraine suffering because of the war there and those who are suffering because of drought in Kenya and other African nations. Lord, we pray that we might in our small way be light and salt in the challenging situations of our world.

Lord, in your mercy; **hear our prayer.**

God our loving creator, we pray for your church that is called to be light and salt in this community. May our parish be bold in its proclamation of the good news. May we stand up for our decision to work actively to progress hope, love and justice in our community. We pray your blessing upon those who are hurting, that we may shine a light that leads them to Jesus. We pray for all who are searching that they may come to know you and feel the warmth and support of the body of Christ through our life as people of faith.

Lord, in your mercy; **hear our prayer.**

God our loving creator, we pray for people who are hurting, people who are in darkness that light might shine upon them and warm their hearts. We pray for those whose days seems lifeless and dull that we might be able to sprinkle hope and joy into their lives. Lord, we pray for your help in caring for the sick and those who are finding life a struggle. Send your healing light into the darkness of cancer, pain and suffering.

We pray for our families, our neighbours, those we work with and those we find it hard to love. Give us courage to shine your light into the lives of others.

Lord, in your mercy; **hear our prayer.**

God our loving creator, we remember the pain of loss, the heartache of bereavement and the struggle when loved ones pass away. Grant us peace when we feel sad and alone, help us to find the salt in our life again. Now, in this brief moment we remember our dear departed praying rest eternal grant unto them O Lord and let light perpetual shine upon them. **Amen.**

Accept our prayers through Jesus Christ our Lord who taught us to pray:

**Our Father who art in heaven,
Hallowed be thy name,**

**Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive those who trespass against us.
Lead us not into temptation
But deliver us from evil.
For thine is the kingdom, the power, and the glory
For ever and for ever. Amen.**

Suggested Hymns:

Sing Praise and Thanksgiving (TIS 107)

10,000 Reasons (Bless the Lord O my Soul) <https://youtu.be/XtwIT8JjddM>

Lord of Creation (TIS 626)

Beauty for Brokenness (TIS 690)

Shout for Joy! The Lord has let us Feast (TIS 545)

Shout to the Lord (TIS 738)

THE SENDING OUT OF GOD'S PEOPLE

Loving God, we thank you for hearing our prayers, feeding us with your word, and encouraging us in our meeting together. Take us and use us to love and serve you all people, in the power of your Spirit and in the name of your Son, Jesus Christ our Lord. Amen.

A blessing is offered.

May the God of peace equip you with everything good for doing his will, working in you what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen.

DIARY DATES

Parish Council 2.00pm Thursday 2nd March, Emmaus Room or via Teams

LENT

Shrove Tuesday 21st February – Pancakes Parish Hall 6pm (see below for details)

Ash Wednesday 22nd February Service of Imposition of Ashes St Philip's 4.00pm and St Paul's 7.00pm

First Sunday in Lent 26th February [26th Feb. 1st Prayer Praise Proclamation Service 9.00am St Philip's]

Offertory

Thank you for your weekly offering it is much needed. During this COVID-19 period and post COVID-19 your offering can be made by either:

- Placing in the offering bowl at any church service. Use plain envelope if preferred
- Please make cheques payable to Anglican Parish Bass-Phillip Island
- Regular or one-off contributions can be made by internet banking to the Parish bank account, using Pay ID 0407410011 (or BSB & Acct No. below)
- Visit any Bendigo Bank branch and deposit cash or cheque to Anglican Parish Bass/Phillip Island BSB: 633 000 / Account Number: 169 629 797. Please put on deposit slip: "Offertory" or "Donation" indicating your usual congregation
- If in Cowes, drop your offering in the donation box at St Philip's, Cowes (located outside the front door of the Church)



ST PHILIP'S – We recommend parking in the church grounds. Parking in Thompson Avenue is restricted to 1 hour only. 2 hours for those with a Disabled Parking Permit

SHROVE TUESDAY PANCAKE EVENT

Tuesday 21st February 6.00pm Parish Hall

A dinner of savory and sweet pancakes and the burning of palm crosses in preparation for Ash Wednesday. \$5.00 per head.



MARY TALBOT ROOM – Our Op Shop in San Remo needs some hand knitted items for sale. If you love knitting, we would love to sell some of your creations. Baby and children’s garments are popular.

Helpful websites

Parish website www.anglicanparishbassphillipisland.org

Dioceses of Gippsland website www.gippsanglican.org.au

Facebook www.facebook.com/stphilipscowes



CHAT 'N' CHEW is a shared ministry of the Combined Churches of Phillip Island. Would you like to help? Would you like to join the committee and represent the Anglican Church in this important ministry to lonely and vulnerable people in our community? Training is available. Speak to Rev’d Jo or Richard Prideaux.

PARISH HOME GROUPS –

LENTEN STUDIES – God is on the Journey, Too \$10.00

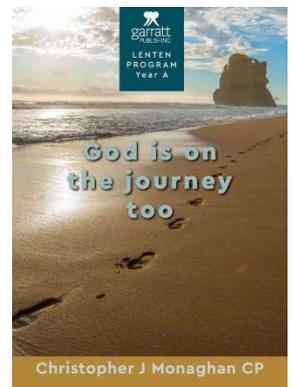
Meeting weekly during Lent.

Cowes, Emmaus Room Group –Wednesday 22nd Feb.1.00pm Leader: Richard and Ann Prideaux

Cowes, Palm Lakes Group – Friday 24th Feb 10.00am Contact Helen Millward

San Remo Group –Wednesday 22nd Feb 2.00pm in the Mary Talbot Room Leader: John Dawson

Bass Home Group – Friday 24th 4.00pm St Paul’s Meeting Room Leader: Sandy & Les Ridge



Learn a new skill - We are training new vestry helpers and Eucharistic assistants. Speak to Rev’d Jo if you would like to help.

Can you help? Volunteers needed on 2nd Saturday of the month to assist with serving Devonshire Teas and at the Sausage Sizzle.

Please pray for:
Sue Chambers, Mike Heflingers, Len Chatfield, Rev’d Gerald Wall,
Jenny and John Dawson
If you would like to add someone to the prayer list, please tell Rev’d Jo

St Philip's

THE FLOWER FUND NEEDS FEEDING

Box for donations is located in porch on Sundays



You can help Refugees by putting items in the basket at St Philip's. Most needed items include: honey, tuna in oil, tinned tomatoes, tinned veggies, tinned legumes, sweet & savoury biscuits, black tea bags, dishwashing liquid, shampoo & conditioner, soap bars.

